



# THE MARTIAL ARTS COME ALIVE IN WELLINGTON

American Top Team, recognized as one of the top training centers in the world, has opened a new school in Wellington led by famed jiu-jitsu instructor Emyr "Shark" Bussade.

American Top Team is one of the largest and most active Mixed Martial Arts (MMA) teams in the world. The team has over 1,500 members, more than 60 of whom compete professionally in MMA, boxing, grappling and Muay Thai events all over the world, such as the Ultimate Fighting Championship (UFC), Pride, K-1, WEC, IFL, Strikeforce and BodogFIGHT.

Wellington's own American Top Team features expert instruction in Brazilian jiu-jitsu, Mixed Martial Arts, submission grappling, Muay Thai and kids MMA to produce well-rounded competitors competent in all MMA disciplines. Former Brazilian jiu-jitsu world champion Emyr Bussade leads that expert instruction.

Bussade is a Brazilian jiu-jitsu black belt, 2008 NAGA coach of the year and Mundials world champion who has competed in Mixed Martial Arts throughout his career. Known as "Shark," Bussade trained under the legendary Carlson Gracie as well as ATT leader Ricardo Liborio.

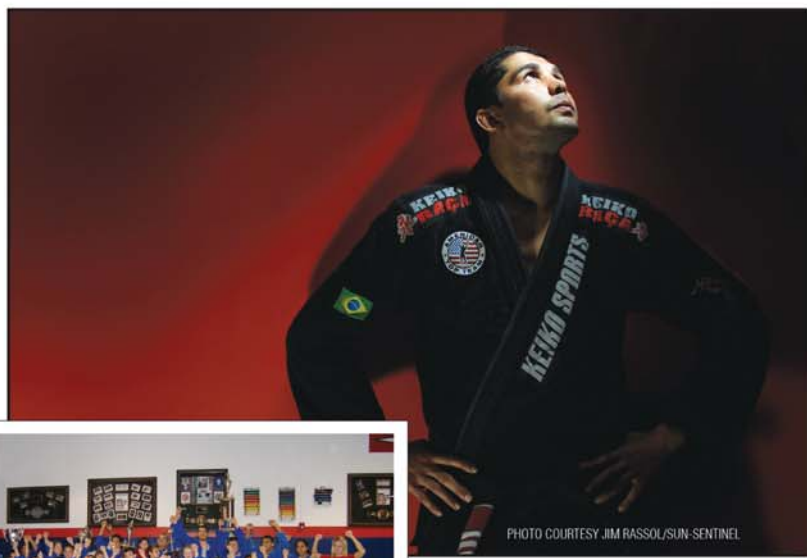
While focusing on opening American Top Team's Wellington academy, Bussade passed up the opportunity to fight in the World Extreme Cagefighting pro card at San Diego Sports Arena to devote his time here — and his time was well spent. He settled on an empty storefront near LA Fitness in front of the

Mall at Wellington Green near the intersection of State Road 7 and Forest Hill Blvd. It was soon obvious that this 2008 NAGA instructor of the year had found the perfect location.

About working with children, Bussade said, "They rejuvenate me. When they first walk through the doors, they're kind of shy and don't know what to expect. But in a month or two, they're having fun as their self-confidence builds. They give more than they take from you, and they learn respect. It is the way I grew up."

American Top Team has rapidly developed a reputation of success and has consistently produced many champions on an individual and team basis.

This success is the direct result of the dedication, hard work and discipline of the students and competitors, combined with the highest level of instruction. American Top Team has assembled a team of 20 black belts and both Olympic and world champions in their respective arts, all training together with one goal in mind: helping you become the best you can be!



*Former Brazilian jiu-jitsu world champion Emyr Bussade, known as "Shark."*

"There are probably four or five great teams that are capable of putting out world champions," declared 35-year-old UFC President Dana White in the *Miami NewTimes*, "and American Top Team is one of them."



*American Top Team in Wellington, FL*

**Additional information is available  
by calling (561) 929-1615 or by  
visiting American Top Team's web site  
at [www.attwellington.com](http://www.attwellington.com)**

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